

INSTRUCTIONS FOR HRMO SCREENING (including MRSA)

This pack contains the materials for screening for HRMO (Highly Resistant Microorganisms) and MRSA bacteria.

Contents of the pack

- Five collection sets consisting of a swab and a tube filled with a culture medium
- A safety bag (plastic bag with an adhesive strip at the top)
- Absorption material (a white sleeve with 3 sterile pouches)
- A return envelope for medical post with a cardboard holder and adhesive strip
- Information leaflet entitled 'Screening for MRSA and other HRMO'
- Five labels with the source of the sample on them
- One (green) request form for microbiological testing

Sampling using the swabs

1. Open the package and remove the tube.
2. Remove the swab. **Grip the swab at the upper end to take the sample, not below the coloured breaking point.** Collect the material as shown in the following diagram.

MRSA	Nose	Swirl one swab around the inside of both nostrils using a firm rotating action
MRSA	Throat	Brush the swab over the back of the throat along the throat wall, around the tonsil area
MRSA	Perineum	Brush the swab over the skin between the anus and genitals
MRSA/HRMO	Wound	Run a swab through the wound
HRMO	Rectum	Insert the swab in your anus or pass the swab through your stool The swab should be discoloured

3. Open the tube and insert the swab.
4. Break off the swab at the coloured breaking point.
5. Screw the cap onto the tube. Tighten the cap securely to prevent leakage.
6. Write the following on all tubes: your name, date of birth and the collection date.
7. Stick the label on the tube showing the source of the sample below those details.

Completing the request form for microbiological testing

- The patient's details (name, date of birth, address).
- Collection date.
- If you have a wound, tick wound under the heading 'Additional materials' and indicate the location of the wound.

Procedure for submitting the swabs and a request form

- Place the swabs into the sterile pouches of the white sleeve (absorbent material).
- Put the white sleeve into the safety bag and seal it with the adhesive strip (remove the white strip, then pinch the front and back together).
- Seal the return envelope with the adhesive strip (remove the silver strip, then pinch the front and back together).
- Place the safety bag and the request form between the cardboard holder in the return envelope.

You can hand in the return envelope or return box in any of the following ways:

- By post (no stamp required)
- Handing it in at the reception desk of the blood collection department of the various sites of the Albert Schweitzer hospital or
- By taking it directly to the RLM.
*Address: RLM Dordrecht, Albert Schweitzerplaats 25,
3318 AT, Dordrecht*