

Als u in contact bent geweest met Covid- 19 (Engels)

If you have been in contact with
COVID-19

Naar het ziekenhuis? Lees eerst de informatie op www.asz.nl/brmo.

informatie

Introduction

Someone in your ward or your child's ward has tested positive for COVID-19. You or your child may have been in contact with that person.

This person could be someone who:

- Was admitted to the same room as you (roommate); or
- A staff member or visitor (other contact).

Because you or your child may also be infected as a result, measures will be taken in the hospital to prevent the further spread of the virus.

This folder will provide more information about COVID-19 and the measures.

"You" can be replaced with "Your child" if your child has the virus.

COVID-19 symptoms

COVID-19 is an infectious disease that is caused by the SARS-CoV-2 coronavirus.

The most common COVID-19 symptoms are:

- Respiratory complaints: cold, cough, sore throat, shortness of breath and/or
- Flu-like symptoms (fever above 38 °C, feeling generally ill, muscle or joint pain).
- However, extreme fatigue, pain behind the eyes, unexplained diarrhoea and loss of smell and/or taste can also indicate a COVID-19 infection.

Spread of the virus

The virus can spread through the air through tiny droplets, and through direct physical contact.

Anyone who has been within 1.5 metres of you or had physical contact with you may have been infected with the virus.

People who have had contact with you may become ill up to 14 days after contact.

Measures

- If a roommate tests positive for the virus, you will be moved to a single room as a precaution or you will stay in the same room with the other roommates.
- If you came into contact with an infected person in another way, you will remain in the same room.
- Your temperature will be monitored. Please be alert to any symptoms that could indicate COVID-19 and report them to the nursing staff immediately.
- If you show any symptoms, you will be tested for the SARS-CoV-2 virus. You will also be moved to isolation. You may be transferred to another department for this.

Examination or treatment

Examination and treatment can continue as usual as long as you do not have any symptoms that could indicate COVID-19.

If you have any symptoms, the treating physician will determine whether it is prudent to delay the planned examination or treatment.

Visitation

You can still receive visitors in accordance with the applicable rules in the hospital.

Lifting measures

The measures will be lifted if you have not had any symptoms 10 days after the last contact with the person who tested positive for COVID-19.

Going home

If you return home within 10 days of the last contact with the person who tested positive for COVID-19, we will pass on your information to the GGD, and they will contact you, if necessary.

After you are discharged from the hospital, you will be subject to the rules drawn up by the RIVM, which can be found on the RIVM website, www.rivm.nl/coronavirus-covid-19

In closing

We understand that some of these measures may not be pleasant. We hope you will understand. If you have any questions, do not hesitate to ask your doctor or nurse.

If you have any questions after you are discharged from the hospital, you can contact the GGD, tel. no. +31 78 770 85 80.

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oktober 2020
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