

# Als u in contact bent geweest met Covid-19 (Engels)

If you have been in contact with  
COVID-19

Naar het ziekenhuis? Lees eerst de informatie op [www.asz.nl/brmo](http://www.asz.nl/brmo).

## informatie



# Introduction

Someone in your ward or your child's ward has tested positive for COVID-19. You or your child may have been in contact with that person.

Because you or your child may also be infected as a result, measures will be taken in the hospital to prevent the further spread of the virus.

This folder will provide more information about COVID-19 and the measures.

"You" can be replaced with "Your child" if your child has the virus.

## COVID-19 symptoms

COVID-19 is an infectious disease that is caused by the SARS-CoV-2 coronavirus.

The most common COVID-19 symptoms are:

- Respiratory complaints: cold, cough, sore throat, shortness of breath and/or
- Flu-like symptoms (fever above 38 °C, feeling generally ill, muscle or joint pain).
- Extreme fatigue, pain behind the eyes, unexplained diarrhoea and loss of smell and/or taste can also indicate a COVID-19 infection.

# Spreading the virus

The virus can spread through tiny droplets in the air and by direct physical contact.

## Measures

- As a precaution, you will be quarantined in a single room or with the other roommates in the ward where you were admitted.
- If you have been in a room with the positively tested person for more than 48 hours, you will be tested for COVID-19 immediately and again on the 5th day after the last contact.
- If you have been in a room with the positively tested person for less than 48 hours, you will be tested for COVID-19 on the 5th day after the last contact.
- After the test on the 5th day, you will remain in quarantine until the 10th day.
- Your temperature will be monitored. Please be alert to any symptoms that could indicate COVID-19 and report them to the nursing staff immediately.
- If you show any symptoms, you will be tested for COVID-19. You will also then be nursed in isolation. You may be transferred to another department for this.

## **Examination or treatment**

Your examination and treatment can continue as usual if you do not have any symptoms that could indicate COVID-19.

If you have any symptoms, the treating physician will decide whether to delay the planned examination or treatment.

## **Visitation**

You can still receive visitors in accordance with the applicable rules in the hospital.

## **Lifting measures**

The measures will be lifted if you have not had any symptoms 10 days after the last contact with the person who tested positive for COVID-19.

## **Going home**

If you go home within 10 days after the last contact with someone with COVID-19, the rules of the RIVM apply to you. The rules are on the RIVM website, <https://lci.rivm.nl/leefregels>.

## **In closing**

We understand that some of these measures may not be pleasant. We hope you will understand. If you have any questions, do not hesitate to ask your doctor or nurse.

If you have any questions after you are discharged from the hospital, you can contact the GGD, tel. no. +31 78 770 85 80.



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