

# INSTRUCTIONS FOR HRMO SCREENING (including MRSA)

This pack contains the materials for screening for HRMO (Highly Resistant Microorganisms) and MRSA bacteria.

## Contents of the pack

- Five collection sets consisting of a swab and a tube filled with a culture medium
- A safety bag (plastic bag with an adhesive strip at the top)
- A blister pack (plastic box)
- A zipped return envelope or a return box
- Information leaflet entitled 'Screening for MRSA and other HRMO'
- Five labels with the source of the sample on them
- One (green) request form for microbiological testing

## Sampling using the swabs

1. Open the package and remove the tube.
2. Remove the swab. **Grip the swab at the upper end to take the sample, not below the coloured breaking point.** Collect the material as shown in the following diagram.

MRSA	Nose	Swirl one swab around the inside of both nostrils using a firm rotating action
MRSA	Throat	Brush the swab over the back of the throat along the throat wall, around the tonsil area
MRSA	Perineum	Brush the swab over the skin between the anus and genitals
MRSA/HRMO	Wound	Run a swab through the wound
HRMO	Rectum	Insert the swab in your anus or pass the swab through your stool The swab should be discoloured

3. Open the tube and insert the swab.
4. Break off the swab at the coloured breaking point.
5. Screw the cap onto the tube. Tighten the cap securely to prevent leakage.
6. Write the following on all tubes: your name, date of birth and the collection date.
7. Stick the label on the tube showing the source of the sample below those details.

## Completing the request form for microbiological testing

- The patient's details (name, date of birth, address).
- Collection date.
- If you have a wound, tick wound under the heading 'Additional materials' and indicate the location of the wound.

## Procedure for submitting the swabs and a request form

- Put the swabs in the blister pack (plastic box) and press it tightly shut.
- Put the filled blister pack into the safety bag and seal it using the adhesive strip (pull away white strip, press front and back).
- Put the safety bag and the request form in the return envelope or return box.
- Zip up the return envelope.
- Fold the return box, using adhesive tape if necessary.

## You can hand in the return envelope or return box in any of the following ways:

- By post (a stamp is not required) or
- Handing it in at the reception desk of the blood collection department of the various sites of the Albert Schweitzer hospital or
- By taking it directly to the RLM.  
*Address: RLM Dordrecht, Albert Schweitzerplaats 25,  
3318 AT, Dordrecht*

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